Looking at Yourself in a New Way!

Name: _____ **Date:** _____

What limits have you put on your own job search?

1. When people ask you who you are, what do you call yourself?

_____
_____
_____

2. When your friends and family talk about you, what do they say about you?

_____
_____
_____

3. When you first started working, what choices did you make about the work you wanted to do?

_____
_____
_____

4. When you look at the want ads, what categories do you look under?

_____
_____
_____

5. List any jobs you'd like, but haven't looked into because you feel you aren't qualified.

a. _____
b. _____
c. _____

6. What have you done to find out about the real qualifications for these jobs?

a. _____
b. _____
c. _____

Make a complete list of all your work experience, your volunteer experience, your work at home experience and hobbies. They all Count!

	Previous Experience	Skills used
	EXAMPLE - *Clerk in drug store*	***EXAMPLE -*** *Carried out inventory procedures/priced merchandise, set-up advertising displays/waited on customers*
1.		
2.		
3		
4.		
5.		
6.		
7.		
8.		
9.		
10.		